

**36th Annual Trinity Invitational Harrier Meet**  
**Wednesday, Sept. 19th, 2018**  
**Trinity College School, PORT HOPE**

**INQUIRIES:** Tim White 905-885-3217 ext 1224      [twhite@tcs.on.ca](mailto:twhite@tcs.on.ca)

**CONVENORS/ORGANIZERS:** Tim White (Athletic Director) Steve Patterson (Head Coach)

**APPROXIMATE SCHEDULE:**    **9:00 a.m. to 10:30 a.m. Registration**    **10:30 a.m. Coaches Meeting**

|            |                     |                       |
|------------|---------------------|-----------------------|
| 11:00 a.m. | MIDGET GIRLS 4000 m | born in 2004 or later |
| 11:30 a.m. | MIDGET BOYS 4000 m  | born in 2004 or later |
| 12:15 p.m. | JUNIOR GIRLS 5000 m | born in 2003 or 2004  |
| 1:00 p.m.  | JUNIOR BOYS 5000 m  | born in 2003 or 2004  |
| 1:45 p.m.  | SENIOR GIRLS 6000 m | born in 1999 or later |
| 2:30 p.m.  | SENIOR BOYS 6000 m  | born in 1999 or later |

**3:15                    AWARDS**

**ELIGIBILITY:** Any high school runners who wish to come.

**COURSE:** The course is primarily run on grass with the occasional stretch of gravel or mud. It skirts the campus and includes open fields, orchards, two road crossings, and the "dreaded" Mt. Trinity.

**FACILITIES/FOOD:** **Food and drink will be on sale** beside Russell House along Deblaquire St.. Parking- please use the arena parking lot for all vehicles. Portable washrooms will be available just south of the start area.

**SCORING:** In each race the finishing places of a school's top four runners will be totalled. Ties will be broken by the position of the fourth runner. "B" teams may earn awards, but they may not score towards the overall team championship trophy. The overall team championship will be determined by taking the total of the team placing points on a 10, 8, 6, 4, 2, 1 basis for each of the six divisions.

**AWARDS:** Medals will be awarded to the top 3 individuals and the top 3 teams in each division, and ribbons will be awarded to places 4 - 10 for individuals and 4 - 6 for team.

*ENTRIES: You must make all entries online.*

*Go to [www.tcs.on.ca/xc](http://www.tcs.on.ca/xc) and click Register Online.*

**ENTRY DEADLINE IS MONDAY SEPTEMBER 17 AT 4 PM**

**You may enter as many runners per category as you like. I do not need to know what categories your runners are entering.**

Email: [twhite@tcs.on.ca](mailto:twhite@tcs.on.ca)

**ENTRY FEES: \$5.00 per runner to a maximum of \$250.00 per school**

**Cheques must be made payable to Trinity College School!**

**DIRECTIONS:** Take exit 464 from Hwy. 401 and go south towards Port Hope. If you are coming from the west, turn left onto Rose Glen Road from the off-ramp. If you are coming from the east, turn south from the off-ramp and go over the 401 toward Port Hope. Turn left at the first set of lights onto Rose Glen Road. Proceed down Rose Glen Road past softball diamonds and a public school on your right. At the next stop sign turn right onto Ward St. and follow this street past the school buildings on the right. Park at the Peter Campbell Memorial Arena on your left. **Do not use the Roseglen Road entrance to the school, please park at the arena!!**